

**EDUCATIONAL FORUM**  
**GIRL-ON-GIRL VIOLENCE AND BULLYING**

**PLEASE COMPLETE THIS SURVEY TO TELL US ABOUT YOUR EXPERIENCE WITH BULLYING. Thank you.**

**Are you being bullied?**



Many times, young people are bullied in class, on sports teams, or even at home. Sometimes, young girls and boys do not know they have been bullied. Have you ever been bullied? **Please answer each question.**

1. Has someone made faces or bad hand signs to you?

- Yes
- No

2. Have other people spread rumors about you or said mean things about you?

- Yes
- No

3. Do others tease you?

- Yes
- No

4. Do people often whisper in front of you?

- Yes
- No

5. Have you been left out of games, activities, or eating lunch with other people?

- Yes
- No

6. Has a clique left you out and not let you be part of their clique?

- Yes
- No

7. Have you been made fun of because of your clothes, your hair, your glasses, your race or ethnicity, or your religion?

- Yes
- No

8. Have you been hazed on a sports team?

- Yes
- No

9. Has someone threatened to hurt you?

- Yes
- No

10. Has someone pushed, shoved, or hit you?

- Yes
  - No
-



## Are you a bully?

Many young people are bullies both in school and outside of school. Some people may not realize that what they're doing is bullying. Ask yourself if you have ever repeatedly hurt someone because they were younger, weaker, different, or less confident than you. **Are you a bully? Please answer each question.**

1. Do you make mean faces or bad hand signs to others?

- Yes
- No

2. Do you spread rumors or say mean things about others behind their back?

- Yes
- No

3. Do you make fun of or tease other teens often?

- Yes
- No

4. Do you whisper secrets to a friend in front of another person and then not share the secret with him or her on purpose?

- Yes
- No

5. Have you purposely not invited someone to hang out with you and your friends?

- Yes
- No

6. Have you been or are you currently part of a clique that is exclusive about whom you can and cannot be friends with and has not let others join?

- Yes
- No

7. Do you often make fun of others because they are "different" from you or your friends? (Example: they have glasses, ugly clothes, bad hair, or a different race/ethnicity or religion).

- Yes
- No

8. Have you hazed another member of your sports team?

- Yes
- No

9. Have you ever threatened to hurt someone?

- Yes
- No

10. Have you ever punched, shoved, or hit another boy or girl?

- Yes
  - No
-

## What is cyber bullying?

1. [Cyber bullying](#) is being mean to someone through which of the following:
  - a.  E-mail
  - b.  Blogs
  - c.  Text messages
  - d.  Chat rooms
  - e.  All of the above
  
2. If someone sends you a threatening message, you should:
  - a.  WRITE BACK IN ALL CAPS SO THEY KNOW YOU ARE ANGRY!
  - b.  Do not respond but save it and show it to a parent or trusted adult.
  - c.  Forward it to your friends so they know what is going on.
  - d.  Shut off your computer and do nothing.
  
3. True or false: Impersonation is when you pretend to be someone you are not online.
  - a.  True
  - b.  False
  
4. True or false: Teens sometimes bully online because they feel as if no one can see what they are doing.
  - a.  True
  - b.  False

5. If you think someone at school knows your email password, you should:

- a.  Not worry about it.
- b.  Change your password as soon as you can.
- c.  Tell a trusted adult.
- d.  Contact your Internet service provider or whatever company hosts your email.
- e.  B, C, and D.

6. True or false: Sexting is fun and flirty and there are no laws against it.

- a.  True
- b.  False

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School Name: \_\_\_\_\_ Grade: \_\_\_\_ Sex: Girl [ ] Boy [ ] Age: \_\_\_\_\_

**THANK YOU FOR TAKING THE TIME TO COMPLETE THIS SURVEY!  
PLEASE DROP IT OFF IN THE BOXES OUTSIDE THE FORUM  
CONTRA COSTA COMMISSION FOR WOMEN  
MAY 21, 2011**